

Mama's Broken Heart by Mirande Lambert; Choreography: Sarah Darby Hughes

Sequence – Wait 8 Beats; A B C A B C Break C A A Pose

Part A Instrumental (8 beats):

Heal Twist	DS DS(ib) R-Heel* Twist SS DS DS RS *takes weight; twist toe from L to Right L R LR R LR L R LR &1 &2 &3 4 &5 &6 &7 &8
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Part B Verse (64 beats):

Heel Dig Sandwich	DS RS Heel-Step RS Heel-S RS DS RS L RL R-L RL R-L RL R LR &1 &2 &3 &4 &5 &6 &7 &8
Kick Turn	Stomp DUP Kick/Tuck Switch-Lift S-Kick SSS Together Chug L R R/R R-L L-R RLR BothIn Both out 1 &2 &3 &4 &5 &6& 7 8
	<i>Repeat above 16 beats 4Xs</i>

Part C Chorus (32 +4 beats):

Joey L& R	DS S(xib) S(ots) S(ots) S(xib) S(ots) Step DS S(xib) S(ots) S(ots) S(xib) S(ots) Step L R L R L R L R L R L R L R &1 & 2 & 3 & 4 &5 & 6 & 7 & 8
3Step Turn Out	S S S Clap Shake/Point (Partners go opposite; Left points; Right shakes) L R L in place 1 2 3 4 5 6 7 8
3 Clap Basics Basic	Clap SRS Clap SRS Clap SRS DS RS LiftL LRL LiftR RLR LiftL LRL R LR & 1&2 & 3&4 & 5&6 &7 &8
3 Step Turn In Lunge	S S S S LeanOpposite Up LeanOp Up L R L R (Lunge 1st the direction you were moving) 1 2 3 4 5 6 7 8
4Toe-Steps	Toe-Step Toe-Step Toe-Step Toe-Step (Partners move back to original spots) L-L R-R L-L R-R &1 &2 &3 &4

Part A Instrumental (8 beats)

Part B Verse (64 beats)

Part C Chorus (32 +4 beats)

Break (24 + 7 beats):

Slur Strut L Fancy Double	DB Slur-S(ib) DB Slur-S(ib) DS DS RS RS L R-R L R-R L R LR LR &1 2 &3 4 &5 &6 &7 &8
Twister 4	TwistR- Front TwistL-Fr TwistR-Fr TwistL-Fr R- weight RHeel, LToe, pointing R Both Both Both Both L - weight LHeel, RToe, pointing L &1 &2 &3 &4
Slur Strut R Triple	DB Slur-S(ib) DB Slur-S(ib) DS DS DS RS R L-L R L-L R L R LR &1 2 &3 4 &5 &6 &7 &8
Twister 4	TwistR- Front TwistL-Fr TwistR-Fr TwistL-Fr R- weight RHeel, LToe, pointing R Both Both Both Both L - weight LHeel, RToe, pointing L &1 &2 &3 &4
7 Toe Taps	7 Toe Taps on Left Foot

Part C Chorus (32 +4 beats)

Part A Instrumental (8 beats)

Part A Instrumental (8 beats)

End Pose