

## Foggy Mountain Breakdown

Level: Fast Beginner Artist: Flatt & Skruggs Choreography: Michael Maupin & Jeannie Klempt  
Intro – **Man on left. Woman on right. Outside hands behind back. Hold inside hands. Start Right foot.**

### Part A (32 beats) - Verse

**FIRST TIME ONLY: wait through 1st basic and start right foot.**

2 Basics Triple	DS RS DS RS DS DS(xif) DS RS L RL R LR L R L RL &1 &2 &3 &4 &5 &6 &7 &8	<i>Move left</i>
Double Pump Triple	DS RS DU <sub>p</sub> DU <sub>p</sub> DS DS DS RS R LR L L L R L RL &1 &2 &3 &4 &5 &6 &7 &8	<i>In place</i>
<i>Repeat above 16 beats, starting on opposite foot</i>		

### Part B (16 beats)

Ankle Break Triple	DS DS(xif) Roll-Roll-Roll DS DS DS RS L R Both R L R LR &1 &2 &3&4 &5 &6 &7 &8	<i>In place</i>
Catawba Heels Triple	DS/Heel Heel Heel Heel-Lift DS DS DS RS L/R L R RR R L R LR &1 2 3 &4 &5 &6 &7 &8	<i>In place</i>

### Part C (16 beats)

Basic HeelUp Triple	DS RS HeelUp HeelUp DS DS DS RS L RL R R R &L &R LR &1 &2 &3 &4 &5 &6 &7 &8	<i>Face each other on Basic Face rear on Triple</i>
<i>Repeat above 8 beats</i>		<i>Man moves to face woman</i>

### Part D (32beats)

4 Basics Do-Si-Do	DS RS DS RS DS RS DS RS L RL R LR L RL R LR &1 &2 &3 &4 &5 &6 &7 &8	<i>Pass right shoulders</i>
4 Basics	DS RS DS RS DS RS DS RS L RL R LR L RL R LR &1 &2 &3 &4 &5 &6 &7 &8	<i>Switch places 1st 2 Basics Pull past last 2 basics</i>
Vine	DS(ots) DS(xif) DS(ots) DS(xib) DS(ots) DS(xif) DS(ots) RS L R L R L R L RL &1 &2 &3 &4 &5 &6 &7 &8	<i>Move left</i>
Stomp Dbl Over	Stomp D(xif) D(ux) HeelUp Stomp D(xif) D(ux) HeelUp R L L L L R R R R 1 &2 &3 &4 5 &6 &7 &8	<i>In place</i>

**Repeat A B C D** starting right foot, returning to starting positions on 2 basics of A

**Repeat A B C D** starting left foot

**Repeat A B** starting right foot,

### Part C/Ending

*On Basic Heel Up Triple move side by side.*

*On 4 Steps, dip inside shoulders, turn to back to back going under arms and end facing front, kick & bow.*