

Best Day Ever by Sly & Family Stallone; Choreography: Darolyn Pchajek

Sequence: Wait 16 Beats, **Intro A B Chorus Intro A B Chorus Intro B* Chorus**

Intro/Break (16 beats) – Turkey Plus

Turkey Plus Rock Double	Pause Heel-Flap RS Heel-Flap Step RS DS DS RS L-L RL R-R L RL R L RL & 1& 2& 3& 4 &5 &6 &7 &8
<i>Repeat</i>	<i>Repeat above 8 beats starting on R foot</i>

Part A (32 beats) - Valerie

Valerie (moving left)	DS Ball(xf) Ba(os) Ba(xb) R-Slur- Step RHeel RS Heel-Heel RS L R L R L-R-R LR LR L-R LR &1 & 2 & 3 &4 &5 &6 &7 &8
Vine Rock Slur (moving right)	DS DS(xb) RS(os) Slur-Step RS RS DS RS L R LR L-L RL RL R LR &1 &2 &3 &4 &5 &6 &7 &8
Modar	DS D(xf) D(ux) Heel (toes in) Heel (toes out) Heel (toes in) Heel(toes out) Up DS RS L R R R R R R R R R LR &1 &2 &3 & 4 5 & 6 &7 &8
Hard Double Up Dragger	D(b) BrUp DS DUp DS Drag RS Drag RS L L L R R R LR R LR &1 &2 &3 &4 &5 & 6& 7 &8

Part B (24 beats) Traveling Shoes

Traveling Shoes Triple	DS HeelTwist S HeelTwist S HeelTwist S(1/4L) DS DS DS RS(1/4L) L R L R L R L R L R LR &1 & 2 & 3 & 4 &5 &6 &7 &8
<i>Repeat</i>	<i>Repeat above 8 beats to turn front</i>
Winne	Stomp DBack BrUp Touch(xf) Touch(os) DS D-Twist Twist Lift L R R R R R L-Both(Heels L,Heels R) L 1 &2 &3 &4 &5 &6 &7& 8

Chorus (24 beats) Best Day

Best Day – 3Xs	DS Kick(xf) Kick(os) Toe-Heel RS Kick(xf) Kick(os) RS L R R R-R LR L R LR &1 2 3 &4 &5 6 7 &8
Kick 2	DS Kick/Clap DS Kick/Clap L R R L &1 2 &3 4
Tassie	DS TwistHeelIn SnapHeel Back TwistHeelIn SnapHeelBack Click Toes Snap Toe Down L R R L L Both R(takes weight) &5 & 6 & 7 & 8

Intro A (16 beats) – Turkey Plus

Part A (32 beats) - Valerie

Part B (24 beats) Traveling Shoes

Chorus (8 beats) Best Day

Intro A (16 beats) – Turkey Plus

Part B* (24 beats) Traveling Shoes PLUS 2 Singles

Chorus (8 beats) Best Day